

My Next Love

Choreographer: Niels B. Poulsen (Denmark)

niels@love-to-dance.dk - www.love-to-dance.dk

Date of choreography: July 21, 2008



Type of dance: 48 counts. 4 walls

Level: Beg/int

Music: 'My Love' by Fredric Kempe (Album: Bohème). Buy on iTunes

1 restart: On 6th wall, after 12 counts, facing 9:00

Intro: 24 counts from first clear guitar sound (app. 21 seconds into track). Start with weight on R

YouTube video: (Walk-through)

Note: This is a floor-split to my own intermediate dance 'My Love' from 2006. Please note that the music is 182 bpm which is very very fast! So, take small steps... *Dedicated to Lise...*

Counts	Footwork	End facing
1 – 6	Cross L over R, slow sweep, cross R over L, slow sweep	
1 – 3	Step L diagonally fw (towards 1:30), sweep R fw over 2 counts	12:00
4 – 6	Step R diagonally fw (towards 10:30), sweep L fw over 2 counts	12:00
7 – 12	Rock L fw slowly, rock R back slowly	
1 – 3	Rock L fw, Hold for 2 counts	12:00
4 – 6	Recover weight back to R, Hold for 2 counts * <i>Restart here on 6th wall</i>	12:00
13 – 18	L basic ½ L, R basic fw	
1 – 3	Turn ½ L stepping L fw, step R next to L, change weight to L	6:00
4 – 6	Step fw R, bring L next to R, change weight to R	6:00
19 – 24	Fw L, point, hold, back R, sweep L around	
1 – 3	Step fw L, point R diagonally fw (towards 7:30), Hold	6:00
4 – 6	Step back on R, sweep L out and backwards over 2 counts	6:00
25 – 30	Behind side cross, sway hips to R side	
1 – 3	Cross L behind R, step R to R side, cross L over R	6:00
4 – 6	Step R to R side swaying your hips to R side (sway over 3 counts)	6:00
31 – 36	L Basic fw with ¼ L, R basic backwards with ½ L	
1 – 3	Turn ¼ L stepping fw on L, step R next to L, change weight to L	3:00
4 – 6	Turn ½ L stepping back on R, step L next to R, change weight to R (<i>note: counts 31-37 is a L full turn</i>)	9:00
37 – 42	¼ L swaying hips to L side, sway hips to R side	
1 – 3	Turn ¼ L stepping L to L side swaying your hips to L side (sway over 3 counts)	6:00
4 – 6	Step R to R side swaying your hips to R side (sway over 3 counts)	6:00
43 – 48	Sway hips to L side, basic waltz step fw with ¼ R	
1 – 3	Step L to L side swaying your hips to L side (sway over 3 counts)	6:00
4 – 6	Turn ¼ R stepping fw on R, bring L next to R, change weight to R	9:00
<i>Begin again!...</i>		