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## *A personal letter from me to you!*

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Happy New Year to you all -I hope you have all recovered from chest infections, coughs colds and norovirus -

This is going to be quite a long read for you so you may want to put your feet up with a brew!

First of all -I apologise if you did not receive notification about the classes-We really tried via Face Book, Email and jungle telegraph.

If you are not on my email list etc please see Jenny / myself and I will make sure you are added.

The main people we did not contact were my beginners \_ I really am sorry.

I am hoping this year to keep our website more up to date with news etc.

Okay here goes Have you got your cuppa.?

As you know last year was a very difficult year for me personally and health wise. It was a long year.

Especially from September. So here is a quick diary run down -its easier to explain the journey but I want you to remain positive!!

September-Energy and motivation plummeted -1<sup>st</sup> time ever I could have stayed home and not come to work

October-Visit Doctor -Must have water infection

Phone call to Go to A & E my liver readings were deranged. So starts this journey properly.

Southport- I Had scans – It was declared no abnormalities and a virus.

As you know I returned home, continued working but not really feeling much better, however my blood results were dropping-Great NEWS!

Many of you have shown concern and worried about me -I cannot thankyou enough. You have supported events, you have been patient with my planning, You all helped create Christmas, and New Year to be such a great family event. You are so understanding.

During the last couple of months, I started to have breathing difficulties, pain in back, legs etc. and still the lethargy.

I had 3 trips to A and E . – First time result -They said my blood was holding lactic acid due to Liver virus. On a drip sent home. -Go back if it happens again whilst I am recovering. Happy days I felt good!

2<sup>nd</sup> trip 2 weeks later – Different scenario altogether- Couldn't find anything wrong and refused to do the acid test

The final time, - An all-around waste of time. So, the story continues.

I was really looking forward to staying at home this year Relaxing etc. I was excited too because I was hoping to be signed off from my breast cancer too at my final appointment -Celebrating 5 years.

After talking about my health issues at this final appointment ( plus I have also been diagnosed with gall stones and never been told) my oncologist decided to send me for a CT scan

It was then discovered I had a fracture in my spine.

An emergency MRI scan was arranged in January -the 1<sup>st</sup> day of my holidays.

**Now my world has turned upside down.**

I have a tumour resting on my spine cord-which caused the fracture. My cancer has returned.

**Now this is where I need positive vibes!!**

It is secondaries from my breast cancer. It is controllable not treatable. Many of you live with silent illness diabetes, heart disease, thyroid, arthritis. I need to treat this the same way. With your help I can make the transition.

Returning to the scan. – I was admitted to Blackpool Vic. When they heard I was twisting to Buddy Holly the day before they were in horror. I should have been paralysed.

I was put on bed rest (straight jacket) – I have had emergency radio therapy.

I am also under the orthopaedic department as at this moment in time I am under investigation regarding my bone mass. I have deposits on my femur and in my hips which at this time they are concerned whilst tests take place just to be safe.,

The danger is if I fall. But yet again they cannot believe the strength in my legs etc. All down to the dancing. It has saved me from paralysis and so far, a preventative operation.

So to sum up I will be ok ! Fancy Feet is going to be Ok!

It is just the next few weeks during the change whilst I undergo scans, appointments and condensing whilst my back heals that we will be a little bit unpanned and last-minute changes.

Classes will be resuming – Some condensed for the short period.

All socials will be happening!

I will be at all classes though sometimes may have to leave early due to my energy level.

I really wanted you to know the full story without any gossip or exaggeration. I have had time out to process. I am making changes to my life to have a long and full life and I look forward to you travelling with me too.

Moving Forward –

### **Week beginning 20 January**

An abridged week

Monday – Class starts at 7pm – A combined 6 o'clock and 7 o'clock class. Back onto the dance floor. Playing mainly beginner dances. Small instruction from Polly and Keith -

7pm dances will also be played after 8 o'clock too.

Monday will finish at 9.45 pm

This will be for approx. 4 weeks while I seek medical advice.

**Tuesday.** - 10.15 to 11.45am

Larkholme- 1.30pm -3pm

**Wednesday** – I have appointments all day -no class week after 1pm-3.30pm

**Thursday** -9.30pm-10.30pm- Combined class – Learning shuffling and pivot turns

1.30pm-3.30pm -Beginners and Easy

7pm -Classic dances 8pm -9.45pm Latest floor fillers and new teach

**Friday** -Classes suspended for 4 weeks whilst my back heals \_(just in case lift out of order etc)

These are for week beginning 20<sup>th</sup> January and I providing everything is ok I will be reverting back to normal times after 4 weeks subject to medical advice

Absolute Beginners – I was going to start a brand-new beginner class again this is on hold for 4 weeks however Thursday Mornings are quite a good one to join us with.

Saturday 1<sup>st</sup> February – Afternoon Paul Taylor – Country Music afternoon (see website, face book etc)

Evening -Dance Night-Dancing with Jean

I have dates to release over the next few weeks -Partner, Elvis, Paul Bailey etc.

### **Move-Radio**

For the next 6 weeks I am standing down. It is being organised and presented as normal except no Midweek with Fancy Feet.

### **Weekends**

These are happening as planned.

Skipton, I have 2 rooms available

Canearvon limited availability.

## **America**

Unfortunately, I will be delaying our trip until 2021 \_May

For some reason I was unable to click on that deal button. I now know why.

I wanted to make sure I had crossed the I and dotted the T so to speak.

## **Visiting Choreographers**

These events are still happening

Dates to be released.

**Now the horrible bit.**

### **Class prices.**

**Nearly all the halls have implemented an extra price increase starting in 2020.**

**Also, I have so many complaints about not rounding up the money.**

**Here are the new prices from 20<sup>th</sup> January 2020.**

**1hour class - £4**

**1 hour plus £5**

***For example:***

***Wednesday 1pm-2pm -£4 from 1pm -4pm £5***

***Same in any other class***

**Larkholme will be £4 for the afternoon – no hall price increase at the moment advised**

**All beginner hours will be £4 unless affected by an introductory offer.**

**All classes will still receive free cups of tea and biscuits.**

**Socials -Dancing with Jean - £5**

**Artists depending from £6.50 to £8**

**American Stars -As budgeted.**

**Please note all my classes are fully insured, PPL ,PRS covered and I subscribe to professional teaching bodies for your health ,safety and my professionalism.**

**I legally purchase all my music and never share in accordance with the law.**

## **Dance Shoes-**

As you know we have been running stock down etc- Over the next few weeks we will be continuing to do this via face book, email etc. Only the shoes offered at that time will be available on a first come first served basis.

If you spot a bargain message me.

Did you know we also have supplies of party plates, serviettes etc (mainly children)

Ballet and tap shoes

Plus other stuff -My storage shop is like an Aladdin's cave -We even have some fancy dress too

## Volunteers

I am so fortunate and blessed that I have a great army of volunteers to help to keep Fancy Feet one of the best clubs on the Fylde Coast. I really do appreciate it.

The loyalty, your belief in welcoming newbies to our family, Fancy Feet never has and never will be just about the dance-

It is you!

Then the line!

Then the music and the dance in that order.!

I love to teach! I love to see your faces when you achieve!

But I love it even more when you arrange a lunch or night out with new found friends (except on a class night ha-ha!) That is what it is about!

At this time, I would really appreciate any help loading up, unpacking, washing up,

I know I have a core of volunteers but appointments, illnesses, holidays etc happen.

Please can you leave me your interest if you can help in anyway.

Offering lifts home as buses are now horrendous at night -If you have spare seats travelling north or south, we are interested as dancers cannot get home but would love to come along to social events.

## Signing In

This is done for a few reasons- Fire, Accounting, Tax Man and your insurance cover.

From Monday when you sign in please can you enter the amount paid. This is so I can keep track of the different rates etc.

All monies will be collected either via honesty box or by a smiley face on arrival.

Also, If we haven't your latest mobile and email address can you ensure I have it.

Thanks again for reading this.

At this moment I have no treatment plan until Wednesday.

From then I can move forward with a positive excited attitude for 2020 .It will be our YEAR as planned!

Love and hugs

Jean

P.s. – We will be remembering Robbie McGowan Hickie on Saturday Night.

Hosting a raffle for Australia to donate to Simon Ward when he comes over.

**The adult version of**  
**"head, shoulders,**  
**knees and toes"**  
**Is**  
**"wallet, glasses, keys**  
**and phone."**